# FOSSO GELHAR Chiropractors of the Fox Valley

Date				
Patient Name			Sex (circle one)	) Female Male
Address		City	StateZi	p
Home/Cell#	Date of Birth	Soci	al Security #	
Employer		Work #	<u> </u>	
Spouses Name		Spouses Phone#		
Emergency Contact (Name	e/Phone/Relationship):			
E-mail Address (please prin	t clearly)			
Would you like appointme	ent reminders? Text or I	E-mail How were you	referred	
Family Dr				
	e Y or N When was ne) Hispanic or Latino /		o / I Decline to Answer	
Race (Circle One)	American Indian or Ala	aska Native / Asian / B	lack or African American / W	hite
	Native Hawaiian or	Pacific Islander / Decl	line to Answer	
Electronic Records  I choose to decline		clinical records. *** \	You may revoke this waiver a	t any time***
Assignment and Release	:			
payable to me for servic	es rendered. I understand	and that I am financ release all informati	s of the Fox Valley all insur ially responsible for all charon necessary to secure the for excess to MedHx.	rges whether or not paid
Responsible Party Sig	gnature			
Relationship			Date	

Please make available all insurance information.

Eamily Lie	tory							_
Family His		T	T	T	T	T	I	T
	Maternal Grandmother	Maternal Grandfather	Paternal Grandmother	Paternal Grandfather	Mother	Father	Sibling	Sibling
Living	Granumother	Grandiather	Grandinother	Granarather				
Deceased								
Cancer								
Diabetes								
Heart Disease								
Psychological								
Scoliosis								
Stroke								
Thyroid								
Disease								
Multiple								
Sclerosis								
Rheumatoid								
Arthritis								
Please list any Su Traumas or Accid								
Current Illnesses	or hospitalizat	ions in the la	st year:					
Current Illnesses  Current Medicati								
Current Medicati	ons/Why are y	ou taking the	em: 					
Current Medicati		ou taking the	em: 					

### Fosso Gelhar Chiropractors of the Fox Valley- 155 N Sawyer St Oshkosh WI 54902

Patient's Name			Date		
Reason for today's visit					
When did your symptoms first appear					
Is this condition a result from an accident	or injury?				
Please circle the one that applies:	Single	Married	Divorced	Widowed	
Allergies to any medications					
Employer	Occupat	ion			
Working Status (circle) full time	part time				
Work Activity (circle what applies):	Sitting S	Standing	Light Labor	Heavy labor	
Smoking Status (circle one) Every Day	Smoker Occa	sional Smoker	Former Smoker	Never Smoker	
Other tobacco products (circle one) Yes No Please specify is yes					
Illegal Drug Use (circle one) Yes No	Specify type of	drug			
How many caffeinated beverages do you	consume daily? _				
Do you exercise (Circle) Yes No	How often	What ty	pe of activity		
Alcohol Use (circle) Yes No How o	often do you hav	e an alcoholic be	everage		

#### **Constitutional Symptoms**

- o Chills
- Night sweats
- Poor appetite
- o Fever
- Weight Change
- o Fatigue

#### **Eyes**

- o Blurry vision
- o Eye pain
- o Change in vision
- o Double vision

#### **Respiratory**

- Coughing up blood
- Wheezing
- o COPD
- o Cough
- o Coughing up phlegm
- o Asthma
- o Breathing issues

#### Genitourinary

- o Difficulty urinating
- Vaginal or penile discharge
- Kidney stones
- o Menstrual Problems
- o Prostate Problems

#### **Neurological**

- Weakness
- Dizziness
- o TIA's
- o Multiple Sclerosis
- o Parkinson's
- Headache
- o Seizure
- Tremor
- Stroke
- Epilepsy
- o Polio

#### Sleep

- Gasping
- o Restless legs
- Snoring
- o Insomnia
- Difficulty sleeping
- o Sleep Apnea

#### Nose, Mouth & Throat

- Change in sense of smell
- Runny nose
- Nose bleeding
- Sores in the mouth
- Sore throat
- o Difficulty or pain swallowing

#### **Gastrointestinal**

- Nausea
- o Diarrhea
- o Heartburn
- o Abdominal pain
- Vomiting
- Constipation

#### Skin

- o Rash
- Ulcers that will not heal
- Moles that are changing
- o Psoriasis
- o Eczema

#### **Lymph and Heme**

- Swollen lymph nodes
- Easy bleeding

#### **Cancer**

Please list below.

#### **Ears**

- o Ear pain
- Hearing loss
- Ringing

#### Cardiovascular

- o Palpitations
- Fainting
- o High blood pressure
- Heart Attack
- Heart Condition
- o Chest Pain
- Swollen Legs
- Shortness of breath
- High cholesterol
- Pacemaker

#### **Musculoskeletal**

- o Bone pain
- o Swollen or red joints
- Osteoporosis
- Spinal Cord Injury
- Scoliosis
- o Muscle Pain
- Joint Pain
- Broken bones
- o Arthritis
- o Rheumatoid Arthritis
- o Fibromyalgia

#### **Endocrine**

- Heat or cold intolerance
- Frequent urination
- Unusually thirsty
- o High or low blood sugar
- o Thyroid issues
- o Liver issues
- Diabetes

#### **Psychiatric**

- Anxiety
- o Bipolar
- o ADD
- Depression
- Hallucinations
- o ADHD

## FOSSO GELHAR CHIROPRACTORS OF THE FOX VALLEY

### 155 N Sawyer St Oshkosh WI 54902

Patient Name\_\_\_\_\_ Date of Birth\_\_\_\_\_

consent to the use or disclosure of my protected health information by Fosso Gelhar Chiropractors of the Fox Valley, S.C. for the purpose of liagnosing or providing treatment to me, obtaining payment for my health care bills or to conduct the health care operations of Fosso Gelhar Chiropractors of the Fox Valley, S.C. This consent includes my permission for Fosso Gelhar Chiropractors of the Fox Valley to leave messages on answering machine or voicemail. I have the right to revoke this consent in writing at any time, except to the extent that Fosso Gelhar Chiropractors of the Fox Valley has taken action in reliance on this consent.
My protected health information (PHI) means health information, including my demographic information collected from me and created or eceived by my chiropractor, another health care provider, a health plan, my employer or health care clearinghouse. This protected health information relates to my past, present or future physical or mental health or condition and identifies me or there is a reasonable basis to believe the information may identify me.
understand I have the right to review the notice of privacy practices prior to signing this document. The notice of privacy practices has been provided to me. The notice describes the types of uses and disclosure of my protected health information that will occur in my treatment, payment of my bill or in the performance of healthcare operations. This notice is also provided in the lobby of Fosso Gelhar Chiropractors of tox Valley.
Electronic Format: I acknowledge that my records are stored in an electronic format. I understand that Fosso Gelhar Chiropractors of the Fox /alley maintains their patient records electronic format only. Original documents are destroyed after being converted to an electronic format
Release of Information: I hereby give Fosso Gelhar Chiropractors of the Fox Valley permission to release information regarding my medical condition when a signed authorization is received or it is necessary to secure the payment of benefits from my insurance carrier. I understand he areas discussed with these people could include treatment options, financial information, test results, etc.
Signature of Patient or Personal Representative

# Fosso Gelhar Chiropractors of the Fox Valley

#### Informed Consent to Chiropractic Treatment

Dear Patient,

The State of Wisconsin requires every patient be informed of the risks of treatment and the alternative to treatment prior to beginning treatment. The following is Fosso Gelhar Chiropractors of the Fox Valley's informed consent. We intend this consent form to cover the entire course of treatment for your present condition and for any future conditions for which you seek treatment at this or any other Fosso Gelhar office.

The Nature of Chiropractic Treatment: In this office we use trained staff to assist the doctor with portions of your consultation, examination, and treatment. Occasionally when your doctor is unavailable, another clinic doctor will treat you. The doctor will use her hands or a mechanical device in order to move your joints. You may hear a 'click' or a 'pop', similar to when a knuckle is 'cracked', and you may feel movement of the joint. Various ancillary procedures, such as hot or cold packs, electric muscle stimulation, therapeutic ultrasound or traction, red light therapy, as well as exercise instruction may also be used.

**Benefits of Chiropractic Treatment:** Many or most patients will feel improvement in motion, decreased muscle and joint pain and improved well-being after a series of chiropractic adjustments.

**Possible risks**: As with any health care procedure, complications are possible following a chiropractic treatment. Complications could conceivably include muscular strain, ligamentous sprain, dislocations of joints, fracture of bone, or injury to intervertebral discs, nerves or spinal cord. A minority of patients may notice stiffness or soreness after the first few days of treatment. The ancillary procedures could produce skin irritation, burns or other minor complications. There are reported cases of stroke associated with visits to medical doctors and chiropractors. The best quality scientific evidence does not establish a cause and effect relationship between chiropractic treatment and the occurrence of stroke; rather it indicates that patients may be consulting medical doctors and/or chiropractors for symptoms of headache and neck pain when they are in the early stages of stroke. The possibility of such injuries occurring in association with chiropractic treatment is extremely remote.

Probability of Risks Occurring: The risks of complications due to chiropractic treatment have been described as "rare" to "extremely rare".

**Other Treatment Options** that could be considered may include the following:

- Over-the-counter analgesics. The risks of these medications include irritation to stomach, liver and kidneys, increased cardiovascular risk, and other side effects in a significant number of cases.
- Medical care, typically anti-inflammatory drugs, tranquilizers and analgesics. Risks of these prescription drugs include all side effects as above, plus patient dependence in a significant number of cases.
- Hospitalization in conjunction with medical care adds additional risk exposure to medical error, infection and other complications in a significant number of cases.
- Surgery in conjunction with medical care adds the risks of adverse reaction to anesthesia, as well as an extended convalescent period in a significant number of cases.

**Risk of Remaining Untreated**: Delay of treatment allows formation of adhesions, scar tissue and other degenerative changes. These changes can further reduce skeletal mobility, and induce chronic pain cycles. It is quite probable that delay of treatment will complicate the condition, and make further rehabilitation difficult.

**Concerns of Questions:** Please ask your Doctor of Chiropractic. We at Fosso Gelhar Chiropractors of the Fox Valley have gone to great lengths to make your health and safety our top priority. We will be glad to explain any concern about treatment you might have.

I have read the above explanation of chiropractic treatment. I have had the opportunity to have any questions answered to my satisfaction. I have fully evaluated the risks and benefits of undergoing treatment. I have freely decided to undergo the recommended treatment, and herby give my full consent to treatment. I have the right to withdraw my consent at any time, upon written notice. I have the right to refuse treatment at any time.

Printed Name

Signature

Date

Consent to evaluate and adjust a minor child

have read and fully

I, \_\_\_\_\_\_being the parent or legal guardian of \_\_\_\_\_ understand the above Informed Consent and herby grant permission for my child to receive chiropractic care.

### Lower Mid Back -Low Back Index

This questionnaire will give your provider information about ho	ow your back condition affects your everyday life. Please answer
every section by marking the one statement that applies to you one statement that most closely describes you problem.	
Pain Intensity	Standing
I have no pain at the moment	I can stand as long as I want without extra pain
The pain is very mild at the moment	I can stand as long as I want but gives me extra pain
The pain is moderate at the moment	Pain prevents me from standing for more than 1 hour
The pain is fairly severe at the moment	Pain prevents me from standing for more than 30 minutes
The pain is very severe at the moment	Pain prevents me from standing for more than 10 minutes
The pain is the worst imaginable at the moment	Pain prevents me from standing at all
Personal Care	Sleeping
I can look after myself normally without causing extra pain	Pain does not prevent me from sleeping well
I can look after myself normally but it causes extra pain	I can sleep well only by using tablets
It is painful to look after myself and I am slow & careful	Even when I take tablets I have less than 6 hours sleep
I need some help but manage most of my personal care	Even when I take tablets I have less than 4 hours sleep
I need help every day in most aspects of self-care	Even when I take tablets I have less than 2 hours sleep
I do not get dressed, I wash with difficulty and stay in bed	Pain prevents me from sleeping at all
Lifting	Social Life
I can lift heavy weight without extra pain	My social life is normal and give me no extra pain
I can lift heavy weights but gives extra pain	My social life is normal but increases the degree of pain
Pain prevents me from lifting heavy weights off the floor but	Pain has no significant effect on my social life apart from
I can manage if they are conveniently positioned	limiting energetic interest such as dancing
Pain prevents me from lifting heavy weights but I can manag	ePain has restricted my social life and I do not go out as often
light to medium weights if they are conveniently positioned	Pain has restricted my social life to my home
I can lift only very light weights	I have no social life because of the pain
I cannot lift or carry anything at all	
Walking	Traveling
Pain does not prevent me walking any distance	I can travel anywhere without extra pain
Pain prevents me walking more than 1 mile	I can travel anywhere but it gives me extra pain
Pain prevents me walking more and .5 miles	Pain is bad but I manage journeys over 2 hours
Pain prevents me walking more than .25 miles	Pain restricts me to journeys of less than 1 hour
I can only walk using a stick or crutches	Pain restricts me to short necessary journeys under 30 minutes
I am in bed most of the time and have to crawl to the toilet	Pain prevents me from traveling except to the doctor or ospital
Sitting	Changing Degree of Pain
I can sit in any chair as long as I like	My pain is rapidly getting better
I can only sit in my favorite chair as long as I like	My pain fluctuates, but is definitely getting better
Pain prevents me sitting more than 1 hour	My pain seems to be getting better, but improvement is slow at
Pain prevents me from sitting more than .05 hours	present
Pain prevents me from sitting more than 10 minutes	My pain is neither getting better nor worse
Pain prevents me from sitting at all	My pain is gradually worsening
—	My pain is rapidly worsening

### Neck –Upper Mid Back Index

Patient Name	Date
	v your neck condition affects your everyday life. Please answer every section by tatements in one section apply, please mark the one statement that most
Pain Intensity	Concentration
I have no pain at the moment	I can concentrate fully when I want to with no difficulty
The pain is mild at the moment	I can concentrate fully when I want to with slight difficulty
The pain comes and goes and is moderate	I have a fair degree of difficulty in concentrating with I want to
The pain moderate and does not vary much	I have a lot of difficulty in concentrating when I want
The pain is severe but comes and goes	I have a great deal of difficult in concentrating when I want to
The pain is severe and does not vary much	I cannot concentrate at all
Personal Care (Washing, Dressing, etc.)	Work
I can look after myself without causing extra pain	I can do as much work as I want to
I can look after myself normally but it causes extra pain	I can only do my usual work but no more
It is painful to look after myself and I am slow & careful	I can do most of my usual work but no more
I need some help but manage most of my personal care	I cannot do my usual work
I need help every day in most aspects of self-careI do not get dressed: I wash with difficulty and stay in bed	I can hardly do any work at all I cannot do any work at all
i do not get dressed. I wash with difficulty and stay in bed	
Lifting	Driving
I can lift heavy weights without extra pain	I can drive my car without neck pain
I can lift heavy weights, but it causes extra pain	I can drive my car as long as I want with slight pain in my neck
Pain prevents me from lifting heavy weights off the	I can drive my car as long as I want with moderate pain in neck
floor, but I can if they are conveniently positioned.	I cannot drive my car as long as I want because of moderate pain
Pain prevents me from lifting heavy weights but light	in my neck
to medium weights if they are conveniently positioned	I can hardly drive my car at all because of severe pain in my neck
I can only lift very light weights	I cannot drive my car at all
I cannot lift or carry anything at all	
	Sleeping
Reading	I have no trouble sleeping
I can read as much as I want to with no pain in the neck	My sleep is slightly disturbed (less than 1 hour sleepless)
I can read as much as I want with slight pain in my neck	My sleep is mildly disturbed (1-2 hours sleepless)
I can read as much as I want with moderate pain in my r	
I cannot read as much as I want because of moderate	My sleep is greatly disturbed (3-5 hours sleepless)
pain in my neck	My sleep is completely disturbed (5-7 hours sleepless)
I cannot read as much as I want because of severe pain	
In my neck	Recreation
I cannot read at all because of neck pain	I am able to engage in all recreational activities with no pain in my
	neck at all
Headache	I am able to engage in all recreational activities with some pain in my
I have no headaches at all	neck
I have slight headaches that come infrequently	l am able to engage in most, but not all, recreational activities
I have moderate headaches that come in-frequently	because of pain in my neck
I have moderate headaches that come frequently	l am able to engage in only a few of my usual recreation activities
I have severe headaches that come frequently	because of pain in my neck
I have headaches almost all the time	I can hardly do any recreational activities because of pain in my neck
	I cannot do any recreational activities at all

# Fosso Gelhar Chiropractors of the Fox Valley FINANCIAL POLICY

Thank you for choosing Fosso Gelhar Chiropractors of the Fox Valley for your chiropractic needs. We appreciate the opportunity to serve you and are committed to providing you with the best possible care.

As part of our services to you, we try to contain the ever-rising cost of health care. In an effort to do this, we have implemented the following Financial Policy. **Please read and sign below**. Your cooperation in following our credit policy will allow for a prompt settlement of your claim.

<u>Insurance</u>: Fosso Gelhar Chiropractic accepts assignment from many insurance companies. However, Insurance is a contract between you and your insurance company. We are NOT party to this contract. We will bill your primary insurance company as a courtesy to you. Although we may estimate what your insurance company may pay, it is the insurance company that makes the final determination of your eligibility. <u>You agree to pay any portion of the charges for services rendered but not covered by your plan or not paid (denied) by your insurance</u>. Any services rendered after insurance eligibility terminates will be charged at our standard fees.

<u>Medicare/Medicaid</u>: Fosso Gelhar Chiropractic will accept assignment for Medicare or Medicaid. Patients are responsible for their co-payment and payment for any service not covered by Medicare/Medicaid. <u>You agree to pay any portion of the charges for services rendered but not covered by your plan or not paid (denied).</u>

<u>Workers' Compensation:</u> Work-related injury cases are accepted on assignment with permission of the employer and prior authorization from the employer's compensation insurance carrier. You agree to pay any portion of the charges for services rendered but not covered by your plan or not paid (denied).

Patients WITHOUT Insurance Coverage: Patients without insurance coverage are required to pay for services as rendered.

<u>Payments</u>: Unless other arrangements are approved by us, the balance on your statement is due and payable when the statement is issued, and is past due if payment is not received within 30 days.

<u>Payment options</u>: You may pay by cash, check, MasterCard, Visa, Discover cards.

Missed appointments: Habitual missed appointments will be documented and future care will be terminated with our office.

**Returned checks**: There is a fee (currently \$35.00) for any checks returned by the bank. Returned checks not redeemed within 21 days will be turned over to collection agency and associated costs will be added to the balance due.

<u>Divorce</u>: In case of divorce or separation, the parent accompanying the child and authorization treatment will be the parent responsible for the charges on the day of service. If the divorce decree requires the other parent to pay all or part of the treatment costs, <u>it is the authorizing</u> parent's responsibility to collect from the other parent.

<u>Past due accounts</u>: If your account becomes past due, we will take necessary steps to collect this debt. If we have to refer your account to a collection agency, or to a lawyer, you agree to pay all of the collection costs, lawyers' fees plus all court costs which are incurred. In case of suit, you agree that the venue be in Winnebago County, Wisconsin.

**Effective Date**: Once you signed this agreement, you agree to all of the terms and conditions contained herein and the agreement will be in full force and effect.

This is an agreement between Fosso Gelhar Chiropractors of the Fox Valley, S.C., a Wisconsin Professional Corporation, and the Patient named on this form.

By executing this agreement, you are agreeing to pay for all services that are received, and agree to all the policies hereby within.

Print Patient's Name	
Responsible party Signature	Date